



Blessed are the meek, for they will inherit the earth.

Matthew 5:5

The meek

When was the last time you used the word meek? Unless you were singing “Oh Jesus, So Meek, Oh Jesus so Mild” recently, it has probably been awhile since you’ve used that word, if at all in regular conversation. “Meek” is just another word for humble.

Next big question: What is humility? Let’s start by what it is not. Humility is NOT being a push-over. Humility is NOT about ignoring compliments given to you. Humility is NOT about having no opinions of your own. Finally, humility is NOT necessarily about keeping your head down, never taking credit for a job well done, never setting goals.

Humility is not about ignoring focus on yourself. It’s about not internalizing the focus on yourself. Humility means that we say, “Life isn’t about me.”

The bad news is being humble and being young don’t seem to mix. #SorryNotSorry. Truth hurts. You are not known for thinking outside of self. Instead, you often think and act as if the world revolves around you.

Part of that is hormones. Part of it is the transition from kid to adult. A good majority of this, however, is from a broken nature. By nature, we are self-centered. And if you’re saying to yourself, “Not me. I’m not self-centered. I’m humble!”—guess what? That’s an awfully proud statement to make.

More bad news. Everyone fails at humility. Even worse, you can’t grow out of sin. It just shows up differently. In the grand scheme of eternity we’ve got nothing to be proud about. No amount of A+’s, or medals, or “likes” gets us any closer to God.

Feeling pretty humble? Maybe broken is a better word. Can I give you some good news? We do have something to be proud of. We have a God who was willing to humble himself, to lower himself for our sake to make us great. The apostle Paul wrote in Philippians that Jesus humbled himself. He was even willing to submit to death on a cross so that sin would be paid for. He did all this so that the new heavens and the new earth of the eternity would become ours through faith in Christ.

Yes, blessed are we who are humble, who recognize our sin and who rejoice in our Savior and his gifts.

Prayer: Dearest Jesus, in humility I confess my sins. I owe everything to your love. Amen.