



**Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.**

*1 Corinthians 6:19-20*

### **Pricey Purchase**

Boxer Floyd “Money” Mayweather’s Instagram message read, “My new car. Koenigsegg CCXR Trevita Supercar.” He of course included a shiny picture and mentioned that his new car was for the “super rich.” Only two of these cars exist in the world. Are you ready for the price? \$4.8 million dollars! Could you imagine how you would treat a car worth nearly \$5 million dollars?

If you think that’s something, wait until you hear this. You might remember how Solomon built a temple for the Lord in the Old Testament. In building the temple, he used enormous amounts of gold, silver, and cedar. When we try to figure out how much it cost to build the temple in today’s terms, some have estimated hundreds of billions of dollars. Could you imagine how you would treat and use a sacred building worth hundreds of billions of dollars?

You don’t have to imagine what that is like. You are privileged to live with something far more precious and worth far more than a Trevita supercar or a temple building. Your body! How could your body be worth more than Mayweather’s car or Solomon’s temple?

Consider who lives in you and what he has made your body to be. God has made your body to be a temple of the Holy Spirit who is in you. The Holy Spirit was poured out on you in the waters of your baptism. Consider also the price that God paid to free you from sin and make you his very own child. Jesus shed his holy precious blood for all your sins. Jesus willingly gave his body over to death on the cross to forgive the many sins you and I have committed with our bodies.

So how should we use our precious bodies? Instead of using them to serve ourselves and our own sinful desires—and the temptations to do so are many!—use them to honor the Lord. You are not your own. You were bought at price. Therefore, honor God with your body! Treat your body as the sacred temple of the Holy Spirit that it is—by honoring the Word of God and his plans for marriage and his plans for sex within marriage. Use your body which the Lord has purchased and forgiven to serve him each day and in every way!

#### **Prayer:**

**Lord Jesus, you have paid an incredible price to make me your forgiven child. Thank you. By your Holy Spirit, help me to honor you with my body. Amen.**